

HEDY MCADAMS:

# “Jo-Jo Action”

A 32-count, 4-wall, intermediate-level line dance

Choreographer: **HEDY McADAMS**, Palo Alto, CA ~ phone/fax: 650-322-6760 ~ hedy@DanceAdventures.com  
Teaching Note: To confirm that you have the latest step sheet, contact Hedy or visit her web site: [www.DanceAdventures.com](http://www.DanceAdventures.com)  
Music/Tempo: Recommended: “**JOJO ACTION**,” by Mr. President, 112 bpm, 40-ct. lead, Night Club CD, WEA Records/Warner Music Germany, 3984 20735-2  
Teaching: A slow, phrased, west-coast swing song, such as “**SHE’S GOT THE RHYTHM**,” by Alan Jackson, 96 bpm, 16-ct lead, or “**SOMETHING TO TALK ABOUT**,” by Bonnie Raitt, 108 bpm. 32-ct lead.  
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## **A**    SHUFFLE R-L-R – WALK - WALK CROSS – &/CROSS – TURN – TURN

*Home/original wall=12:00 o'clock, begin with weight left (L).*

- 1&2 Shuffle forward R-L-R
- 3,4 Walk forward L-R
- 5&6 Angle body left and cross-shuffle toward 12:00 wall, **L-R-L** (Angling body to left, facing 10:30, begin what feels like a cross shuffle, toward 12:00 wall)
- 7, 8 Step (big step) R toward 12:00 wall turn ½ left [6:00], as you drag-step L beside R

## **B**    HEEL – BALL/STEP – HEEL – BALL/STEP TURN – &/HEEL – &/HEEL – PIVOT

*You should be facing 6:00 wall, now, and your weight is L*

- 1 Tap R heel forward
- & Step ball of R beside L
- 2 Step (big step) L forward
- 3 Tap R heel forward
- & Step ball of R beside L
- 4 Step (big step) L forward
- 5 Step R forward on diagonal right (OK to begin ¼ turn left)
- & Turn body ¼ turn left [3:00] and step L beside R
- 6 Tap R heel forward
- &7 Step R beside L, Tap L toe forward
- 8 Turn body, in place, ½ right [9:00], ending with weight L and R toe pointing forward

## **C**    HEEL – &/HEEL – &/RIGHT – TOGETHER HEEL – &/HEEL – &/TURN – TOGETHER

*You should be facing 9:00 wall, now, and your weight is L.*

- 1 Tap R heel forward
- &2 Step R beside L, Tap L heel forward
- &3 Step L beside R, Step (big) R to right
- 4 Slide-step L beside R
- 5 Tap R heel forward
- &6 Step R beside L, Tap L heel forward
- &7 Step L beside R, BIG step to right on R
- 8 Turn body, in place, ¼ left [6:00] and slide-step L beside R

## **D**    Shuffle R-L-R – Shuffle L-R-L STEP – TURN – TURN - TOGETHER

*You should be facing 6:00 wall, now, and your weight is L.*

- 1&2 Shuffle forward, angling left, with short steps emphasizing hips R-L-R
- 3&4 Shuffle forward, angling right, with short steps emphasizing hips L-R-L
- 5 Step R forward
- 6 Pivoting on ball of L, turn body ¼ left [3:00] and shift weight to L (in place)
- 7 Step R forward and begin ½ left
- 8 Drag-step L beside R as you complete ½ turn left [9:00]

## **BEGIN AGAIN**

*Reset “clock” at 12:00.*

### RESTARTS

There are two “restarts” when using the recommended music for this dance. They occur ONLY on the original wall, the 2<sup>nd</sup> and 3<sup>rd</sup> time that you repeat the pattern on the original wall. These are the only sequences in the song that are instrumental (no vocals).

When you begin count A1 on the original wall for the second time (i.e., 5th wall) you will encounter a 16-count phrase. After completing count B8, begin dance again with count A1 (instead of C1), and you will be “on phrase.” When you begin count A1 on the original wall for the third time (i.e., 9th wall), you will again encounter a 16-count phrase. Again, after completing count B8, begin dance again with count A1 (instead of C1), and you will be “on phrase.”

### FINISH

The last count of the song takes you to count A1 on the wall ¼ left of original wall. For this count step forward toward original wall and stop (instead of stepping toward ¼ left wall).