Hedy McAdams "Love Letters"

A 48-count, 2-wall, intermediate-level line dance, published 1996

HEDY McADAMS, San Francisco Bay Area ~ HedyDance@gmail.com ~ www.DanceAdventures.com *Editor*: This step sheet's update: July 2011 ~ If you are reading hard copy, please check website for subsequent updates.

Recommended #1: "STRAWBERRY WINE," by Deana Carter, 120 BPM, 12-count lead (CDX Vol. 140) OR 24-ct lead w/artist's CD

Music/tempo: Recommended/inspired by: "LOVE LETTERS," by Elvis Presley, 116 BPM, 24-count lead, Heart and Soul CD Teaching speed: "SATURDAY NIGHT," by Billy Dean, 92 BPM, 24-count lead; For fun: Joe Cocker's BYE BYE BLACKBIRD (YES! A WALTZ)

Dedication: This dance is dedicated to the choreographic courage, artistry and craftsmanship of Neil Hale.

FORW – POINT – HOLD A **BACK – POINT – HOLD**

Home/original wall=12:00 o'clock, begin with weight right (R).

- 1 (long) Step forward on L
- 2 Point R toe right
- 3 HOLD
- 4 Step R back
- 5 Point L toe left
- HOLD 6

TURN – POINT – HOLD B TURN – POINT – HOLD

Facing 12:00 wall, weight is R.

- Turn ¼ left [9:00] and step L 1 beside R
- 2 Point R toe right
- HOLD 3
- 1 Turn ¹/₂ right [3:00] and step R beside L
- Point L toe left 5
- HOLD 6

Note for Part B ~ Head faces toward 12:00 wall, even though body is turned toward 9:00 or 3:00 in this sequence

STEP – TURN – TURN CROSS – TURN – TOG

Facing 3:00 wall, weight is R.

- Step L toward 12:00 and angle L 1 toe out
- Step R forward and turn 1/2 left 2 [6:00]
- Step L back and turn 1/4 left [3:00 3
- Cross-step R in front of L 4
- Step L to left and pivot ¼ right 5 [6:00]
- Step R beside L 6

Note for Count C1: Some might refer to count C1 as a quarter turn b/c body faces 3:00, I've called it a step forward b/c the head is facing 12:00; whatever you call this, be sure to step toward 12:00 wall!)

LONG – SHORT – SHORT D

LONG - ROCK - ROCK

- Facing 6:00 wall, weight is R.
- (long) Step forward on L 1
- 2 (short) Step forward on R
- 3 (short) Step forward on L
- 4 (long) Step forward on R
- 5 Rock-step L to left
- Rock-step R moving R foot 6 (slightly) back

CROSS – HOLD – HOLD Е **ROCK – REC – BACK**

Facing 6:00 wall, weight is R.

- Cross-step L over R 1
- 2 HOLD
- 3 HOLD (i.e., for 2 counts)
- Rock-step R to right 4
- 5 Recover weight L (in place)
- 6 Rock-step R to right and slightly back

CROSS – HOLD – HOLD ROCK – LEFT – CROSS

- Facing 6:00 wall, weight is R.
- Cross-step L over R 1
- HOLD 2
- 3 HOLD (i.e., for 2 counts)
- Rock-step R to right 4
- Step L to left moving foot 5 (slightly) back
- 6 Cross-step R over L

Note for optional "cross holds" in sections E and F:

In San Francisco Bay Area, dancers tend to add the following arms styling. For counts E1 and F1, as left foot crosses right, bring hands down, center front of body, and spread out from body, hands straight line from arms, as if calling "safe" in American baseball. Stance is quiet and strong (i.e., not whimpy).

LEFT – BEH – CROSS G

CROSS – TURN – TOG

- Facing 6:00 wall, weight is R.
- Step L to left 1
- Cross-step R behind L 2
- 3 Step L left
- 4 Cross-step R in front of L
- Step L to left and turn ¼ right 5 [9:00]
- Step R beside L 6

LONG – SHORT – SHORT Η TURN – ROCK – TOG

Facing 9:00 wall, weight is R.

- (long) Step L forward 1
- 2 (short) Step R forward
- 3 (short) Step L forward
- 4 Step R forward and turn 1/4 left [6:00]
- 5 Step L to left and *(slightly)* back
- Step R beside L 6

BEGIN AGAIN!

(Reset "clock" to 12:00)

Awards:

This dance tied for first place (along with another Hedy dance-"Shipwrecked") for most influential overseas dance in New Zealand 1997-1998.