

# COWBOY RHYTHM



**Count:** 48      **Wall:** 4      **Level:** Beginner / Intermediate  
**Choreographer:** Jo Thompson  
**Music:** Four By Four by The Foster Martin Band

- 1 Stomp right foot forward
- 2 Rotate right toe out
- 3 Rotate right toe back in
- 4 Rotate right toe out
- 5 Stomp left foot forward
- 6 Rotate left toe out
- 7 Rotate left toe back in
- 8 Rotate left toe out
  
- 9 Stomp forward with right foot
- 10 Stomp forward with left foot
- 11 Kick right foot behind left leg, touching right foot with left hand
- 12 Step on right foot
- 13 Kick left foot behind right leg, touching left foot with right hand
- 14 Step on left foot
- 15 Clap
- 16 Clap
  
- 17 Slide right foot to right
- 18 Slide left foot to meet right foot
- 19 Heels apart
- 20 Heels back together
- 21 Slide left foot to left
- 22 Slide right foot to meet left foot
- 23 Heels apart
- 24 Heels together
  
- 25 Step back on right foot, with toe pointing right
- 26 Clap
- 27 Step back on left foot, with toe pointing left
- 28 Clap
- 29 Step back on right foot, with toe pointing right
- 30 Clap
- 31 Step back on left foot, with toe pointing left
- 32 Clap

The following 8 beats are 2 grapevines, each ending with a brush kick; the hand motion that goes along with each grapevine is "Brush Back; Brush Forward; Clap; Snap Fingers"

- 33 Sidestep right; swing both arms back, brushing thighs with palms as your arms go back
- 34 Left foot crosses behind right; swing both arms forward, brushing thighs with palms as your arms go forward
- 35 Sidestep right; clap
- 36 Brush kick (kick left foot forward, brushing the floor and the instep of your right shoe) with left foot; snap fingers
- 37 Sidestep left; brush arms back
- 38 Right foot crosses behind left; brush arms forward
- 39 Sidestep left; clap
- 40 Brush kick right foot; snap fingers
  
- 41 Step forward right foot
- 42 Brush kick left foot
- 43 Step forward left foot
- 44 Brush kick right foot
- 45 Step forward right foot
- 46 Brush kick left foot, prepare to turn  $\frac{1}{4}$  turn to left
- 47 Turn  $\frac{1}{4}$  turn left and step forward with left foot
- 48 Brush kick right foot

The right foot then steps forward with a stomp as the dance begins again

**REPEAT**